LYCÉE
INTERNATIONAL
FRANÇAIS
DE VILNIUS

FEEL-GOOD NOVEMBER!

At LIFV, November will be all about feeling good: activities, readings, and opportunities for students to connect. We'll tell you all about it in our newsletter!

DiSCOVER MORE iN THiS NEWSLETTER:

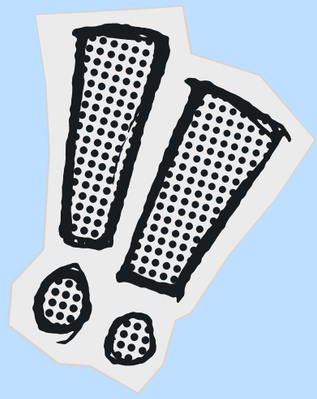






PRESENTATION OF ADN MOBILITY PROGRAM FOR THE STUDENTS IN 2NDE

NOVEMBER 4



The ADN Mobility programme will be launched on November 4 for students in 2nde.
This AEFE network initiative gives students the opportunity to **spend part of their school year at another French school abroad**, a unique experience to develop independence, discover a new culture and open up to the world.



Several steps will be organized in the coming weeks:

- **Presentation of the program** to the 2nde students.
- **Initial selection of interested and motivated students.**
- **Meeting with families** to explain how the programme works and help filling out the applications.

A great opportunity for international mobility and personal enrichment for our Lycée students!

CAKE DAY AT SUBACIAUS CAMPUS

NOVEMBER 6

On the occasion of this tradition, which is becoming increasingly popular in Lithuania, cakes are baked and sold at community fairs, and the money raised goes to charitable organisations.
This year, LIFV will support the **Lithuanian Association for Physical Activity of People with Disabilities.**
We invite you to join this beautiful initiative: **bring a cake and/or donate to a worthy cause.**

Cake fair in the Salle polyvalente

- 9:45-10:15: Cake fair for students from CE1 to CM2
- 9:55-10:15: Cake fair for students from 6e to Terminale



FRENCH NATIONAL DAY AGAINST BULLYING

NOVEMBER 5



We will introduce all students, from CE1 to 4e, to our **pHARe team**, a group working against bullying at school, **made up of Aurelija, Sabine, Pierre, Clément, and Dalia**. These five adult school representatives are ready to listen to students, help with their concerns, and support them if they are facing bullying or feeling unwell at school. **The goal of this day is to make sure every student knows who to turn to when a problem arises and never has to face difficulties alone.**

WEEK FOCUSED ON LIVING TOGETHER AT THE PRIMARY SCHOOL

NOVEMBER 2-6

On November 5, we're holding "The Recess of Boys and Girls", a highlight of the week focused on sharing, cooperation and living together. For the occasion, the whole primary school playground will be set up as a series of varied play areas, reserved exclusively for teams made of boys and girls.

From November 3 to 6, all classes from CE1 to CM2 will take part in a session linked to the EVAR programme (**Education for Emotional and Relationship Life**). It encourages students to reflect, show mutual respect and build harmonious relationships with each other.



FiRST AiD TRAiNiNG



In November, 2nde students will continue their first aid training, which is mandatory for all students.

Lasting 7 hours, this training aims to teach them the essential skills to react effectively to an emergency situation: **protecting a victim, raising the alarm, performing cardiac massage, using a defibrillator, or intervening in the event of choking or loss of consciousness.**

Alternating between theoretical input, demonstrations and practical exercises, it allows students to acquire the right reflexes and develop their sense of responsibility.
Essential civic education, to enable everyone to become an actor in security and to provide assistance to others.

PROFESSiONAL DEVELOPMENT
ON SCHOOL CLiMATE
NOVEMBER 12-13

The Lycée International Français de Vilnius will host **school leaders and teachers from the AEFE Europe network** for two days of training dedicated to school climate and student well-being.

The program includes: exchanges of practices, collective reflection and sharing of experiences around several major issues - **the prevention of bullying, the improvement of the school climate and the promotion of well-being at school.**

These two days will **strengthen educational practices** and continue our commitment to a caring, inclusive and conducive learning school environment.



10-MiNUTE READiNG BREAK iS BACK!

- 10-minute reading time is back in collège and lycée!
- **Every morning at 8 a.m., from 6e to Terminale, students and teachers will take ten minutes to read a book of their choice in a quiet setting.**
- This daily routine aims to bring back the joy of reading, build concentration and start the day on a calm note.
- Ten minutes a day isn’t much, but the benefits can add up!



PUNCTUALiTY: ENCOURAGiNG PROGRESS!

The efforts are starting to pay off! Since the implementation of new measures, we have seen a significant decrease in lateness, with only five students now late at 8 a.m.

We continue this approach because punctuality is essential: it allows us to start classes in good conditions, to respect the work of teachers and classmates, and not to disrupt learning.

Thank you to the students and families for their efforts. Let's continue this positive momentum together!



WELLNESS MORNiNGS FOR 2NDE STUDENTS

- As part of our student well-being project, we are organising **morning sessions for 2nde classes.**
- These sessions will give students the chance to **talk about their daily lives, stress, self-confidence, relationships with others, and the balance between school and personal life.**

Starting lycée is an important step. We want to support our students through this transition and give them the tools to thrive, both personally and academically.

INTERNATiONAL DAY TO FiGHT ViOLENCE AGAiNST WOMEN

NOVEMBER 25

On this occasion, awareness workshops will be offered to students in 1ère and Terminale.

They will address violence against women, consent, respect and equality between girls and boys.

These discussions aim to encourage our lycée students to reflect, to challenge certain stereotypes and to raise their awareness of their role in preventing violence and discrimination.

Educating for respect and equality is an integral part of our educational mission.



LIFV OPEN DAY!

NOVEMBER 24



Our open doors event will take place **on November 24 at 5 p.m.**: a warm French-style welcome for new families, answers to all their questions, and science activities for children.

Dear parents, you are our best ambassadors! If you are happy to be part of the LIFV community, **spread the word to your friends and family!**

END OF THE FiRST TRiMESTER AND MEETiNGS WiTH FAMiLiES

NOVEMBER 30

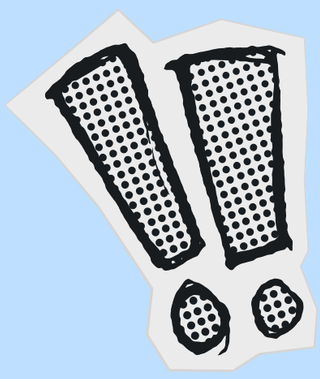
The first term will end on November 30. Class councils will begin around this time, for students from 6e to 2nde.

We want to make the end of the trimester a r**eal opportunity for exchange and dialogue with families.** All parents will be invited to meet the teaching team to **review their child's progress, achievements and any difficulties they may be facing.**

You will receive an email, and we will follow up by phone to schedule the meetings.

These meetings are essential to strengthen the link between school and families and to support each student as well as possible on their path to success.





WE WiSH YOU A LiGHT AND CHEERFUL NOVEMBER. SEE YOU SOON !